

Measles Update March 3, 2025

1. There have been no cases of Measles reported in Massachusetts in 2025.
2. Currently, there are 164 documented cases of Measles in the US in 2025. In 2024, there were 284 cases the entire year.
3. Though there have been cases reported in several states, 146 were in Texas and 9 in New Mexico. Most of the remaining cases have been isolated and related to international travel
4. The vast majority of measles cases in the US in 2025 have been in unvaccinated individuals. 3% cases only received 1 MMR vaccine, 2% were fully vaccinated.
5. There has been 1 reported death from measles in the US in 2025.

How to Protect Your Child:

1. If you or your child is not up to date with the MMR vaccine, **GET VACCINATED NOW!**
 - a. Routine vaccination
Dose 1 age 12-15mo
Dose 2 age 4-6years old
 - b. MMR vaccine catch-up doses for unvaccinated individuals are given as 2 doses 4 weeks apart.
 - c. It is NOT currently recommended for children to vaccinate early unless they are traveling internationally.
2. Travelling abroad (even to Europe) remains the highest risk for an American to develop measles. While the US had 285 cases last year, England had almost 3,000.
 - a. Any child age 6-11mo traveling outside US and Canada, should get an MMR vaccine at least 2 weeks before travel. This DOES NOT replace the 12-15mo dose.
 - b. Any child who has only had 1 dose of the MMR can get a second dose at least 28 days after the first dose. This DOES count as the second and final dose.
3. Travel within the US
 - a. To date, there has been no recommendation to vaccinate children early if traveling within the US.
 - b. We recommend avoiding areas with active outbreak whenever possible.

If there is any change to the US or Massachusetts MMR dosing recommendations, we will send out a notification to patients.



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